

Member Centre: [Login](#) | [Sign Up](#)

Change City
Weather information is currently unavailable

ADVERTISEMENT

NEW: organic-focused lawn care solutions

Love Your Lawn Now get a **FREE** Healthy Lawn Analysis

Weed Man
TRUST THE PROFESSIONALS



B.C. Almanac

Hosted by **Mark Forsythe**

Weekdays 12:00 to 2:00 p.m.
on CBC Radio One

[Main](#)
[Photo Galleries](#)
[Openline](#)
[Regular Features](#)
[Links & Resources](#)
[Contact Us](#)

Imagine B.C.

It's time to think big. It's time to Imagine B.C., 30 years from now.



B.C. Almanac is teaming up with Simon Fraser University and its project, Imagine B.C. We're inviting you to a public forum that will be broadcast live on CBC Radio One. [Click here to register for our "big think" on March 27](#). We'll talk habitat. Health. Livelihood. What sort of future we want for our people and our province, and how to achieve it.

Shout-Out to Change-Makers

Tell Us Who's Getting Creative In Your Community

We're also searching for B.C.'s change-makers. People who are taking ideas and making them happen. We're sticking to these three themes: habitat, health and livelihood. Maybe your neighbour down the street is starting a community garden in an unlikely place. Maybe your colleague is helping seniors set up Wii games to keep active. Maybe your friend across town is organizing micro-loans for those with great plans but few pennies. We want to hear about it.



We've been asking you to nominate people doing hip things in habitat and health. Now we're looking for leaders when it comes to LIVELIHOOD. People coming up with innovative projects to create jobs, encourage entrepreneurs, and increase investment in B.C. And doing it sustainably - protecting habitat and health along the way.

Tell us who inspires you.

Nominate your neighbour. Call in your candidate. E-mail your inspiration. Just fill out the form on the right call or talkback at 604-662-6104 (toll-free 1-888-866-6104).

Remember to keep your shout-out short - fewer than 100 words. And e-mail a photo of your nominee. We'll post their profile, review all entries and choose one person per category. Tune in when we announce our picks during the week of March 23. Thanks in advance and congratulations to all change-makers; keep up the good work!

Nominations



"Long before Barack Obama ever uttered the words "green collar jobs", a group of Downtown Eastsiders had the idea to create jobs

Submit Your Nomination

Nominate your neighbour. Fill out the form below. Remember to keep your shout-out short - fewer than 100 words. Thanks for your entry!

Required fields

Your Name

Your Email

Your Phone Number

Name of Nominee

Phone Number of Nominee

Email of Nominee

Hometown of Nominee

Theme of Nomination (Choose one of: habitat, health or livelihood)

Nomination (100 words or fewer about why this person is being nominated)

We like to include audience comments and reaction as part of CBC Programming. [Click here if you DO NOT want your comments used on air](#) or posted online.

Submit photo or document (Attached file must be less than 5 MB and of type: .gif, .jpg, .txt, .doc, .pdf, .xls, .rtf)

no file selected

Before You Submit a Photo
Note: Everyone who submits a photograph must read and agree to the following release.
If you are under 18 years of age, a parent or legal guardian must agree to the terms of this agreement on your behalf.

Photo Release
» I agree that the CBC may use the Photograph that I have submitted under the following terms and conditions:
» I own this Photograph, and I retain all the consents and rights, including copyright, necessary to submit this Photograph to CBC.
» I am the only person who has copyright to this Photograph, and I understand that I am granting CBC the non-exclusive right to use it

[CBC Privacy Policy](#) | [CBC Submissions Policy](#)



for inner city residents by engaging in environmental enterprises. **Ken Lyotier**, a former "dumpster diver" or binner, initiated a recycling movement which included the creation of United We Can, providing opportunities for the "hardest to employ". Today, **United We Can** has grown to include many social enterprises employing over 150 people. In a neighbourhood commonly referred to as "Canada's poorest postal code", Ken has fostered a community where inner-city residents can engage in positive environmental actions while never losing sight of his commitment to building a more inclusive society." Nominated by **Brian Dodd**.



This nomination comes from **Irene Bjerky**. " **Marion Dixon** is the best person I know who is continuing the rare craft of coiled cedar root basketry; a little known art but appreciated by the big museums as the finest of the crafts. Aside from her knowledge of the weaving, she is also an expert on gathering of the materials. As another aside, she is the only living person I know who still make Indian ice cream, and she make the best bannock I have ever tasted."

"**Dirk Becker** has been advocating for agricultural change on Vancouver Island to support growing & buying local food. He accomplished this by creating and organizing the **2007 Farmers' Showcase**, and creating the **Bowen Road Farmers' Market** in 2008. Dirk has huge passion and a gift for keeping the big-picture vision forefront when it comes to educating the public about global food systems and local food. Dirk won the 2003 DesignWrights "Think BIG, Go Green" Earth Day Canada for rain barrel manufacture and design: a 45-gallon food grade plastic barrels that can fill up in a 20 minute downpour. He also acts as co-host of the community radio talk show, "Hearts and Minds: Tools for Change" which addresses practical solutions for living more consciously. Nominated by **Lianne Smithaniuk**.

Health Winner: "I nominate **Joe Gallagher** for his dedication, commitment, and hard work in making changes in the health of our First Nation communities. Joe is the senior director for the First Nation Health Council. This organization was formed to implement the 10 year First Nations Health Plan. Joe has been instrumental in forming, coordinating, directing, and moving the First Nations Health Plan forward and making the FN communities' voices heard. He is an advocate for not only the First Nation communities but for our BC communities in promoting healthy, active, and happy communities using a holistic model. Joe deserves this recognition." Nominated by **Dr Georgia Kyba**.



Livelihood Winner: "**Sibylle and Wolfgang Zilker** of Victoria, BC are dedicated volunteers and contributors to the arts and conservation. Concerned about BC's reliance on resource exploration and the accompanying cost to the environment, and recognizing the need for economic alternatives for BC communities, the Zilkers founded GoBC Arts and Cultural Tourism. Their [website](#) profiles over 900 artists and artisans, showcases their work and attracts visitors to their studios and communities. GoBC also provides listings of studio tours, festivals and cultural events, all at no cost to artists and organizations. The Zilkers are to be commended for creating a business model centred on supporting the arts, and for their commitment to creating sustainable communities." Nomination from **Marion Grau**.

"**Shannon McPhail** should win this award because she has been working hard in the community of Hazelton for the past four years to help create work and stimulate this economically deprived area. She is actively involved in environmental concerns about the surrounding watershed, sits through countless meetings brainstorming economic solutions and has inspired many to do the same. She has fostered the creation of a recycled clothing company and has initiated talks with local first nations on tourism opportunities. Her days are full of conversations surrounding anything that involves BC's Northern Interior. And she does this all as a volunteer. She inspires me and countless others to make a difference to their local community for the future."

Breeann Semeschuk

Andrea Goldsmith's nomination: "**Barb Hetherington** and **Buddy Boyd** of the **Gibsons Recycling Depot** have tirelessly promoted reducing, rethinking, reclaiming, and recycling for many years, while providing opportunities for job creation for differently-abled people. They provide FREE recycling services for the community which are far better than the services provided by the regional government for which we pay over \$30,000 a month in taxes. They take more items, offer better service, keep the materials clean and separate. They continue to research new processes and options for our recycling, lobby the government tirelessly, and do public education and outreach on the importance of all this. I am nominating them in all

B.C. Almanac Photo Galleries



YOUR PHOTOS
Listeners' Lens

B.C. Almanac listeners send in their photos of B.C.



PHOTO GALLERY
B.C. Almanac

Mark Forsythe shares his photos of B.C.

CBC Radio

CBC Radio One

Canada's commercial-free English-language network, broadcasting local, national and international news, current affairs and entertainment programs.

CBC Radio Two

With all the heart, soul and passion of Canada's music scene, Radio 2 is the source for great commercial-free Canadian music including the best recordings, the best performances from Canada's concert halls, clubs, studios and festival stages.

CBC Radio Three

CBC Radio 3 is 8.5 hours of the best in new music and culture from Canada and around the world, hosted on CBC Radio Two every Saturday night. It's available 24/7 on satellite radio.

Frequency Guide

To view the stations and frequencies that are available for your region.

Regional Radio Schedules

For a list of exciting local and network programs, download the Radio one and two schedules.

[More B.C. Radio Programs](#)

B.C. Features



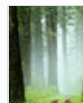
ENVIRONMENT
Going Green

The changing environment



PHOTO GALLERY
Juno Awards

Visual highlights from Canada's biggest night in music



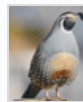
YOUR PHOTOS
Weather

Look at the weather photos you sent us!



FORUM
Your Bottom Line

How are you feeling about our local economy?



YOUR PHOTOS
Wild Animals

Your photos of wild animal encounters



FEATURE
B.C. History

Explore B.C.'s history & add your own story

three categories because they are exemplary of how the three categories really are interconnected and all work together to create a better community."



"I nominate **Toby Barazzuol**, owner of **Eclipse Awards**. Toby is an amazing business person and community builder. He is greening his business and his buildings and spreading his knowledge to others. He has a green product line (glass and crystal awards from recycled materials), has done green renovations on two buildings and installed green roofs on both. He has leased space to two other green businesses, and is helping coordinate a business networking group of other local businesses to share best practices. Now he is chairing the sustainability committee of the Strathcona Business Improvement Association to build a community of green businesses in the area, to bring a positive focus to the poorest postal code in the country." Nominated by **Amy Robinson**.

"**Thomas Kineshanko** is the co-founder and Managing Director of **Habitat Enterprises**, a Vancouver-based greenhouse gas emissions reduction company. Thomas set a goal to have the greatest impact he could on mitigating the detrimental effects of climate change in the shortest and most effective way possible. He took over his grandfather's company and co-founded Habitat Enterprises where he and his team identify sources of greenhouse gas emissions and stop them by applying technology or changing processes. His company now develops projects in Canada, the USA, and Latin America. Thomas is a thought and action leader, and above all is achieving his goals of making our planet healthier and safer in his own way." Nominated by **Carla Culos**

The Nice Cube: **James Stuart** has designed a self contained apartment that will fit into a 10 foot by 10 foot, by 11 feet high space. After 4 months of work he's obtained permits from the city of Nanaimo to build his first one, and once built, will be building them for sale. They contain a bathroom, bedroom, kitchen, study area / living room. The cost for each unit will be under \$20,000, and will be "as green as we can make it". James spoke with us on BC Almanac and generated lots of response from people interested in this concept.



" **Ian Gartshore** has been involved in a variety of community projects since arriving in Nanaimo in 1996. He initiated a non-profit counselling agency, Shore Counselling, that offers a wide range of services to the community, and was its Executive Director for 10 years. Currently he is the voluntary chairperson for the non-profit **Harewood Community Centre Cooperative**. This proposed health and community services centre is intended to pro-actively improve the physical, mental, emotional and spiritual well-being of the community. Ian is committed to wellness in the broadest sense, and supports a model that fosters collaboration and empowers local residents." Nominated by **Judy Roberts**



Sharon Gregson nominates **Susan Harney**: "Susan, chair of the Coalition of Child Care Advocates of B.C. has dedicated huge chunks of her professional and personal life, her skills and talents and time - to furthering child care advocacy and women's equality in this province and this country. She constantly advocates for a high quality, affordable, accountable child care system that is publicly-funded and community-delivered. She has raised two beautiful successful daughters, is a fantastic grandmother to two

graddaughters with unique needs, was a successful operator of a child care centre for many years, fights for women's equality especially for women dealing with challenges around poverty, has her Masters degree, is a fantastic speaker who easily moves an audience to cheers, smiles, tears and action."

"**Maria Mazzotta** of Kamloops easily fits any of the three categories, but my own experiences with her center around habitat and alternate lifestyles. As co-chair of the **Camp Grafton Society**, Maria spearheads a small but effective summer camp program and oversees the management of a rustic 45-acre facility. She has served in almost all capacities with the Camp Grafton organization, beginning as a camper in the early '70s. She ably represents us at the provincial and regional levels and advocates for the camp, its volunteers, staff, and clients. At the camp, kids re-learn how to be kids. They come to understand that whatever lifestyle or economic status they exist in, they have the ability to chose alternate lifestyles that promote health, growth, and teamwork. Maria understands this to be the central function of the camp and its community of volunteers. She leads us with a rare style - taking her vision from the Grafton community instead of imposing her own. She's intelligent, competent, tactful, calm, and fiercely dedicated to the cause. She sets a standard for leadership that really is unequalled." Nominated by **Dan Laidlaw**.

Norm Campo sends this from Courtenay: "**Don Buchner** started **Wheels for Wellness** which is a society that offers door to door service for anyone who needs to get to a doctor or specialist but has no way to get there. This society operates 15 volunteer driven vans on Vancouver Island and is a real lifeline for many. Don started this service when transporting his own wife during her illness and he encountered many who had no way to get to necessary appointments. He started transporting people with his own vehicle. Due his great organization skills he has grown this service into a cohesive and well organized society that is so important to so many on Vancouver Island."



Cathy Jenkins' nomination: "The vision and mission of the teaching staff at the **North Vancouver Outdoor School** is to give every child in every community a wide range of opportunities to experience nature directly, reconnecting children with nature's joys and lessons. Nature is important to children's development in every major way, intellectually, emotionally, socially, spiritually, and physically. The Outdoor School teaching staff reconnect children with nature through hands-on learning experiences and exploration. Together with their Outdoor School teachers, children gain an understanding of the ways in which human use of the natural world and the demands we put on it influence the quality of our life and

the prosperity we enjoy. This gives young students a means to anticipate where our future endeavours could lead us and empowers them to make more environmentally sustainable decisions. Outdoor School teachers inspire the minds of young learners through nature, sparking their imagination and helping to develop healthier happier more resilient kids."



Habitat Winner: "**Ken Millard** is a founding member, full time volunteer, and the driving force behind the success of the **Galiano Conservancy Association**. Since its inception in 1989 he has worked tirelessly to promote sustainability on Galiano Island and throughout our region. His work at the Conservancy includes acquiring and protecting sensitive habitats, restoring ecological health to damaged habitats and providing Environmental Education for thousands of youth in our local community and from urban centers around Vancouver and Victoria. Ken not only inspires environmental action for our own community but is seen as a roll model for citizen participation by leaders in communities throughout the region." Nominated by **Cheryl Bastedo**

Susan Jamieson-McLarnon sends this: "On beautiful Saturna Island the school was dying. What was the community to do? The answer was **Steve Dunsmuir**, hired as principal in 2005. He brought with him a vision of a new sort of Gulf Islands public school: the **Saturna Ecological Education Centre**. Today, a small number of local students from kindergarten to Grade Eight are joined each semester by a dozen Grade 5 to 12 learners from a variety of other places, for a multi-disciplinary, place-based approach to earth education that blurs the lines between school and community. Saturna is the classroom. Its people and the natural world are the teachers."



"Long before sustainability became the environmental buzz word it is today, **Dave Biggs** dedicated his life to communities and sustainable futures. Dave's research at the University of Waterloo led him to UBC where he and his team created what is now known as **MetroQuest**. This visioning tool engages the public in important decisions like transportation, land use, resource management and the many other things that our communities care about. It communicates the impacts of policy choices, leaving the participants with an understanding and sense of ownership over the result. Leading the public engagement sessions is now Dave's main role in his company and I think his work is making an essential difference in many cities around North America. Dave Biggs is a leader and an inspiring Change Maker." Nominated by **Deana Knight**.

Kristin Smith nominates **Gary & Carla Smirfitt** from Metchosin: "Gary and Carla have been working diligently for the past few years cleansing their neighbourhood park, Tower Point Park, of the invasive plant species that threaten the native plants. They started this on their own when they noticed how much of their beautiful park was being lost to the invasive plant species. Every day, rain or snow, they clear the invasive plants out, and have been rewarded by the return of the beautiful native plants. Invasive plants are a serious threat to our ecosystem. Thanks Gary and Carla for doing what you can to protect our environment."



Jim Huffman nominates **Mary Butterfield**, capital campaign director at **VanDusen Botanical Garden**. "I am nominating Mary Butterfield because of the wonderful work she is doing by leading the campaign committee for the revitalization of Vancouver's landmark VanDusen Botanical Garden. This project will make the gardens more accessible to more people, increase visitorship and enhance the facility's international stature, expand upon the



teaching and learning areas, and demonstrate the best of environmental stewardship throughout the building as well as throughout the garden. Mary is a sheer pleasure to work with, her passion is contagious, and the impact of her efforts will be felt by

Vancouverites for years to come."



What do you do when markets force you to temporarily close your sawmill, and you still have a forest of trees at the bottom of a reservoir? **Mike Robertson** and the **Cheslatta First Nation** are getting creative: "Since we can't sell 2 X 4's, we are in the process of developing a line of **canoe paddles!!** We are currently designing and testing several models, all made out of reclaimed wood, including the submerged timber from the depths of Ootsa Lake...early prototypes have created a lot of buzz in the north. The raw material includes pine, spruce, aspen and birch, all salvaged locally. We are registering our company as "The Chief Louie Paddle Company" , the last Hereditary Chief of the Cheslatta Carrier Nation, who died in 1951.

CBC does not endorse and is not responsible for the content of external sites. External links will open in a new window.

Search cbc.ca

- [News](#)
- [Sports](#)
- [Entertainment](#)
- [Radio](#)
- [TV](#)
- [Digital Archives](#)

- [About CBC](#)
- [Canadian Broadcasting Centre](#)
- [CBC Merchandise and Shop](#)
- [Educational Resources](#)
- [Tapes, Transcripts and Image Assets](#)
- [Archive Sales](#)
- [Jobs](#)
- [Production Facilities](#)
- [Independent Production](#)
- [International Sales](#)
- [Advertising with CBC](#)

- [Privacy](#)
- [Terms Of Use](#)
- [Ombudsman](#)
- [CBC: Get the Facts](#)
- [Reuse & Permissions](#)
- [Other Policies](#)
- [Help](#)
- [Site Map](#)
- [CBC Member Centre](#)
- [Contact Us](#)



Copyright © CBC 2009